Dear New Member,

Welcome to HealthQuest! HealthQuest is the Wellness Rewards Program offered to all eligible members of the State Employee Health Plan. Get started today to work towards your health goals and connect with experts, all while earning discounts and rewards.

Premium Incentive Discount Earning Period: **January 4 – December 31, 2021**
HRA/HSA Contribution Earning Period: **January 4 - November 19, 2021**

Start here!

Create Your Account

Visit your HealthQuest Wellness Portal:
HealthQuest.ks.gov

1. Click **Sign Up.**
2. Enter your **email address** and click **Submit.**
3. Enter your **activation code** sent to the email address you provided and click **Submit.**
4. Confirm the information on the screen and click **Continue.**
5. Answer all the registration questions, and use the following "Member Numbers" criteria:
   - **Employees:** Enter the 11-character Employee ID **followed by EE**
   - **Spouses (enrolled in the SEHP):** Enter the employee's 11-character Employee ID **followed by SP**

Earn Credits: Participate in Activities!

Pave your personal wellness journey. All activities are voluntary, so choose the activities that best fit your goals. Activities include, but are not limited to:

- **Work with a Certified Health Coach, Personal Trainer, or Dietician** to set S.M.A.R.T. goals.
- **Attend a Biometric Screening**, and get to know your numbers.
- **Participate in wellness challenges, educational webinars, learning modules,** and more!

Earn Your Rewards!

Once you have earned **40 credits,** you will receive the **$480 premium discount!**

Are you a Plan C, J, N, Q, member?

Earn **50 credits** to ensure you receive **$500 in HSA/HRA rewards!**

Questions? Contact HealthQuest at 1.888.275.1205, option 3, or HealthQuest@Cerner.com.
For HSA/HRA questions, please contact SEHPHealthQuest@ks.gov.

HealthQuest
Your path to wellness

2021 HealthQuest Rewards Program Details

As a new employee, you have 12 months from the date that your benefits become effective to earn **40 total credits and receive the premium incentive discount.** After you meet the program requirements, you will see the discount moving forward. After receiving your first premium incentive discount as a new employee, you will have until December 31 each year to earn the premium incentive discount for the following calendar year.

Please note: As a new member, if you have not met your goal of 40 total credits, the credits that you have earned will carry over to the next program year.

Plan A

Employee and Employee/Children Coverage: Employees who earn 40 credits will receive the premium discount of $480 for 2022.

Employee/Spouse and Employee/Family Coverage: Employees and spouses who earn 40 credits EACH will receive the premium discount of $480 for 2022. If only one of the covered employee or spouses on the plan earn 40 credits, a partial discount of $240 will rewarded in 2022.

Premium Incentive Discount Earning Period: **January 4 – December 31, 2021**

Plan C, J, N, Q

Employee and Employee/Children Coverage: In addition to the opportunity to receive a premium reduction in 2022, employees will also earn $10 in an HRA/HSA account for each credit earned up to $500.

Employee/Spouse and Employee/Family: Employees and spouses must EACH earn 40 credits to receive a premium reduction of $480 in 2022. Employees and spouses will also earn $10 in an HRA/HSA account for each credit earned for a maximum of $500 each ($1,000 total).

HRA/HSA Contribution Earning Period: **January 4 - November 19, 2021**

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