



HealthQuest Health Center

901 S. Kansas Avenue in the Mills Building
Topeka, KS 66612

785-783-4080

Mon/Wed/Fri: 7am – 4pm

Tue/Thu: 9am – 6pm

Lunch time appointments available!

HealthQuest Health Center

- The center is open Monday, Wednesday, Friday from 7am – 4pm and Tuesday, Thursday from 9am – 6pm.
- **Location:** Mills Building, 901 S. Kansas, Ave, Topeka KS 66612.
- **Eligibility:** All State of Kansas employees, spouses, and their dependents ages 2+ covered by the SEHP will be eligible for services provided by the center.
- **Cost:** All **preventive visits are free** regardless of health plan enrollment. Healthcare services will be provided at no cost for Plan A members. Medical visits will require a \$40 fee for those members covered under Plans C, J, N, and Q until deductible is met. Once met, medical visits will be provided at no cost.
- Appointments can be **scheduled online at my.marathon-health.com or by calling the health center at 785-783-4080.**

What services are offered?

Common Illness

- Allergies
- Digestive Problems
- Eye Irritations & Infections
- Headache
- Skin Conditions
- Respiratory
- Urinary Symptoms

Minor Injury

- Back Pain
- Extremity & Joint Pain
- Sprains / Strains

Health Assessments

- Blood Pressure
- Height / Weight
- Cholesterol
- Glucose

Health Coaching

- Nutrition / Weight Loss
- Physical Activity
- Tobacco Cessation
- Stress Management
- Goal Setting
- Accountability
- Track progress

Chronic Condition Coaching

- Asthma
- Diabetes
- Heart Conditions
- High Blood Pressure
- Low Back Pain

Behavioral Health Services

Health Education and Programming

- Marathon Health Portal
- Educational offerings through center-led programs or Marathon Health Portal
- Challenges
- Incentives

New: Earn HealthQuest Credits for completing appointments at the HealthQuest Health Center

Schedule your Biometric Screening or annual Well Visit! Employees and spouses enrolled in State of Kansas medical plans can receive HealthQuest Credits for completion of an annual **Biometric Screening** (up to 23 credits, based on your results) and **Well Visit** (5 credits).

Contact HealthQuest at HealthQuest@cerner.com for more information.

Who provides the care?

- **Marathon Health**, a national leader in worksite healthcare, manages and operates the health center
- Care providers include a **physician, two nurse practitioners, a registered nurse/health coach, a behavioral health counselor, and three medical assistants.**
- The practice operates much like a traditional family practice with **longer appointments and little or no wait times.**

Technology to Support Your Success

- Secure messaging
- Online scheduling
- News and health updates
- Reminders
- Wellness goals and scoring
- Wearable technology integration
- Fitness tracking

All at my.marathon-health.com

Benefits to State of Kansas Members

- Little to no wait time
- More time with the provider
- Less time away from work
- Early detection of health conditions
- Health cost savings
- Health coaching
- Chronic condition management
- Behavioral health services

Your Personal Health Information is Protected.

When you or your eligible family members visit the HealthQuest Health Center, we are required by law to protect the privacy of your personal health information (PHI).

Marathon Health will protect your PHI in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and any other applicable laws.

